



**Air Ambulance**  
Kent Surrey Sussex



# FUNDRAISING & WELL-BEING IDEAS OF THE MONTH **APRIL**

SHARE YOUR  
FUNDRAISING ACTIVITY  
WITH US



@airambulancekss

Here's a selection of our favourite ideas on how to have fun this April and look after your well-being.

## National Walk to Work Day

-9th April

Mock your commute to work by walking round the block! Would you normally purchase a coffee and croissant in the morning? Why not take a flask of coffee on your walk, ready to start the day. Could you perhaps donate the cost of your daily coffee or croissant to us for this month?



## Host a Virtual Bake-Off!

Invite friends, family, neighbours to get baking! Pick a theme, then virtually share your creations with one another. Why not ask everyone to pay a small fee – winner gets half and the other half you could donate to us.



## Easter Egg Hunt

-10th-13th April

Hide edible or artificial eggs either round the garden or in the house for the children to find (of course adults can join in too!) Couple this activity with a 'design your own easter egg' or make easter themed cookies.



## National Wear Your Pyjamas to Work Day #PJDay

-16th April

Take full advantage of working from home and wear your pyjamas to work! Encourage colleagues to participate and host a virtual team meeting!



If you would like to speak to our fundraising team or need support please call 01634 471900 or email [hello@airambulancekss.org.uk](mailto:hello@airambulancekss.org.uk)